

CASE STUDY: CORONA VIRUS-19

by James Henry, D.C.

Patient Profile

The patient is a very healthy 78-year-old male of Caucasian descent who stands five-feet eleven inches tall and weighs 170 pounds. For the past 51 years, he has been in private practice as a physician except for three years where he worked in an emergency setting at a military hospital during his active duty years. Currently, he still works as a practicing physician. During his years of treating the public, he had been exposed to many different infectious diseases; however, he was rarely ill. In fact, in his entire medical history, he has only been treated with three pills (not courses) three pills of an antibiotic medication and one intramuscular injection of penicillin at 17 years old to combat the Asiatic flu. One would conclude he has a strong immune system. The patient had no chief complaints other than what he believed to be related to old age - failing vision (especially if he worked on the computer for any length of time) and hearing loss. On the 8th of January, he came for his annual NDIS test.

NDIS Testing (Nutritional Deficiency Identification System)

The NDIS Test was performed. The results are reported below along with a brief description of each recommended nutrient. Please remember that all of the following listed supplements have multiple applications and any information provide is relevant to the patient in the case study.

- VITAMIN D (Bio-D-Mulsion)-Now known to assist the regulation of normal immune function and defense, assisting the body to fight infection and disease. Vitamin D also helps to regulate blood calcium levels and plays a role in parathyroid activity.
- GINKGO BILOBA-Possible uses: to help relieve Lung and bronchial congestion, to help: cochlear nerve deafness, macular nerve degeneration as well as memory and circulation problems. It is a blood thinner.
- ZINC OROTATE-Possible uses: Zinc is a component of over 80 enzymes and plays a vital role in the immune system. A deficiency can lead to optic nerve degeneration and night blindness.
- LUNG TISSUE (bovine)-Possible uses: To protect the lungs from infection (damage) from bacteria, viruses or poisons. Lungs are typically the entry point for viruses into the body.
- ECHINACEA-Possible uses: a natural antibiotic for viral as well as bacterial infections; reduce inflammation and stimulate the immune system.
- MANGANESE-Possible uses: Immune system support and low grade or cyclic fevers.
- VITAMIN A-C AND CARBAMIDE Possible uses: to decrease internal eye (ocular) pressure, to improve osmotic transfer of fluids through the cell walls (rehydration) or correct night blindness.
- MILK THISTLE-Possible uses: to help with toxic liver exposure, to stimulate the production of new liver cells, to protect the liver and kidneys.
- CALCIUM OROTATE AND PHOSPHOROUS were both needed and are related to vitamin D absorption.

DISCUSSION

The patient was tested in January of 2020 long before the coronal virus was discovered in this country. His NDIS test was part of his annual wellness checkup, which he had done for many years. Current

results indicated a noticeable departure from typical supplements need in previous years. This time the bulk of his support was necessary for his immune system. He was more than likely exposed to a virus, alerting the body to step up its defenses. Vitamin D and lung tissue are now known to be aids to help the body fight the Coronavirus. Before reliable testing, Coronavirus presented with very few symptoms. Elder patients usually discovered they have it with the onset of acute respiratory failure; it is usually too late then. Nine months later, he still is symptom-free and possibly has lasting immunity.

CONCLUSION

I have tested other patients with different viruses, but I have never seen results like this. Coronavirus can be and has been ruinous to many people all over our globe. The idea is viruses can be devastating and linger in the body for years like Shingles virus, so we all need to be vigilant and to keep as healthy as possible. We are very fortunate to have top-notch scientists that can put all this together early on to help manage the viral pandemics. In this case, the patient is committed to his annual NDIS test more than ever. The only good I can see coming out of all this is that people will come to realize nutrition when used properly builds health and protects the body unlike drugs.

REFERENCES

Natural Healing with Herbs, Humbart Santillo. Hohm Press: 1991.

The Essential Guide to Vitamin and Minerals by Elizabeth Sommer. Harper Perennial: 1984.

Comprehensive Answers to Nutrition by William R. Borrmann. New Horizons Publishing: Chicago.

The Healing Power of Herbs by Michael T. Murray. Prima: Rocklin, CA, 1991.