

# Case Study—Nutritional Deficiency Identification System

## **MESODERMAL SARCOMA CANCER**

**By James Henry DC**

### **PATIENT PROFILE**

This patient came to my office in 1994 with a prognosis that she had 6 weeks to live and stated she had been diagnosed with mixed mesodermal sarcoma 1 year prior to entering my office. She had undergone colon surgery twice and also uterine surgery followed by chemotherapy. The patient's sister had been diagnosed with cancer and her mother had died of cancer of the cervix. The patient was in no pain and psychologically had accepted the possibility of her fate and was now searching for any answers to her health problem. The patient was a 63 year old female of Caucasian decent; height 5' 4" tall; weighing 95 lbs.; pulse rate 60; brachial blood pressure 120/70; married with one child; occupation . . . house wife.

### **PHYSICAL EXAMINATION**

The patient's general appearance was thin and frail; a nonsmoker; did not use alcohol; drank one cup of coffee a day; and she made an effort to follow a good dietary guidelines. Standing Structural Analysis indicated the ear, shoulder and ilium was high on the left. No muscle tension, spasms or pain on palpation of the full spine. Thoracic lumbar and cervical ROM both active and passive normal; orthopedic test normal; biceps, triceps, patellar and pupillary reflexes were all normal; heart sounds were normal; and lungs were clear. No abdominal tenderness, rigidity or masses were noted.

**LABORATORY** - Blood WBC consistency found to be low.

### **BACKGROUND on NDIS TESTING (Nutritional Deficiency Identification System)**

I explained to the patient that the results of our testing would simply show which nutritional deficiencies were present along with the indicated nutritional supplements to begin resolving any deficiencies. I felt it was important to advise the patient in more detail about clinical nutritional support and that with her present prognosis it may or may not help her condition, but would most likely give her body an extra source of wholefood, organic nutrients to help her medical treatments and her natural body healing mechanism to hopefully begin overcoming her condition. I also advised the patient NDIS testing is not designed to treat, cure or prevent any disease or health condition.

With serious or life-threatening health conditions our research and clinical observations have revealed that nutritional deficiencies in these type of patients can fluctuate or change over shorter periods of time . . . say a few weeks as opposed to a 6 or 12 months in healthier patients. In other words it seems the body for some reason tends to change nutritional priorities and in order to obtain more favorable results we need to more frequently monitor and then, change the nutritional support regimen based on NDIS testing results. This hypothesis has proven correct time and time again over my 20 years of research and clinical practice.

### **PATIENT'S LATEST 2012 NDIS ANNUAL TESTING REPORT**

Here is the patient's most recent Nutritional Deficiency Report with a brief description of each supplement recommended. All nutrients have multiple applications and sometimes we do not understand how the body uses them to survive. *\*Some of the information provided is the result of our clinical research.*

CARTILAGE TISSUE: ( AT ) Possible uses: joint inflammation, cartilage repair, bursitis, tendinitis.

MILK-ZYME ( AT ) ( source of lactase and rennin ) Possible uses: Lactose intolerance, excessive consumption of dairy products, fungal infections, parasites.

**Disclaimer:** *NDIS is not intended to be a diagnostic tool or to treat, diagnose, cure or prevent any disease.*

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HEPATIC TISSUE: ( AT ) ( source of liver ) Possible uses: to protect and help the function of the liver, liver toxicity, viruses, anemia.

CALCIUM OROTATE: ( AT ) Possible uses: osteopenia, osteoporosis, arthritis, hyperthyroid, bleeding, osteochondrosis, osteomalacia, leg cramps, insomnia, back pain, strengthen heart muscles, neuro-muscular conditions, liver diseases.

COLLINSONIA ROOT: ( SP ) ( source of magnesium salts ) Possible uses: hemorrhoids, varicose veins, capillary fragility, bladder and kidney stones, liver congestion, gastro- intestinal problems, lung and heart conditions.

MAGNESIUM OROTATE: ( AT ) Possible uses: panic attacks, muscle cramps, heart arrhythmia, kidney and bladder stones, PMS, necessary for the efficient utilization of protein, neuro-muscular conditions, tissue inflammation.

MEGA LACTOBACILLUS: ( AT ) Possible uses: constipation, diarrhea, digestive disorders, disruption of the intestinal flora from antibiotic therapy, inhibits the growth of toxic bacteria in the alimentary system.

POTASSIUM OROTATE: ( AT ) Possible uses: hypertension, neuro-muscular conditions, heart irregularity, dry mouth or eyes, necessary for the utilization of protein, dehydration, kidney problems, muscle ticks, spasms, and tremors.

MANGANESE:( AT ) Possible uses: muscle builder, bone hardener, and ligament strengthener, for grade cyclic fevers, immune support, a synergist to B vitamins, spinal disc problems, osteopenia, osteoporosis, helps pituitary gland function.

RNA/DNA: ( AT ) Possible uses: poor memory, thyroid problems, helps circulation and improves resistance to infections, a synergist to B vitamins, promotes healthy cellular growth, low WBC counts, chronic infections.

IODINE: ( SP ) Possible uses: necessary for the normal function of the thyroid gland, for long or short term use, helps remove toxic minerals, mood swings for no apparent reason, sinus trouble, memory loss, fibrocystic breast, ovarian cyst, fatigue.

#### **SUPPLEMENT COMPANIES USED FOR TESTING**

*(SP) Standard process (EB) Eclectic Institute (AT) Atrium (BI) Biotics*

#### **TREATMENT**

The patient did not require any more surgery or chemotherapy nor was she given any special dietary restrictions.

**DEFINITION** - A rare type of cancer found in soft tissue, fat, muscle, nerves, blood vessels, and fibrous tissue, cartilage or bone.

#### **DISCUSSION**

When serious health conditions like cancer occur accepted medical treatments like chemotherapy, radiation and surgery along with any other treatment modality prescribed by the patient's medical physician is the appropriate course of action. NDIS testing and the prescribed nutritional supplements may or may not help every patient, but since it's only concentrated organic, wholefood the old adage, "since it can't hurt the patient and may really help . . . why not try it."

## Case Study—Nutritional Deficiency Identification System *MESODERMAL SARCOMA CANCER*

In the hundreds of NDIS testing procedures I've conducted over the years I've consistently observed that clinical nutritional support allows us to pinpoint very accurately and scientifically (involving the hypothalamus) nutritional deficiencies in the human body that help with a patient's medical treatment and aid the body's natural healing process.

In this patient's case we can't say with certainty that NDIS made the difference, only that it may have helped the other treatment regimens; and that the patient's health improved and is alive today after 19 years enjoying a quality of life. The patient first presented at my office at age 63 and is now 82 years old. She has been NDIS tested 26 times in the last 19 years and she appears to be in remission.

**REFERENCES** - The Essentials Guide to Vitamins and Minerals

*Dr. James D. Henry is a 1965 graduate of the National College of Chiropractic, the inventor of NDIS and President of Wellspring Technology, Inc., a company involved in nutritional research located in Mobile, Alabama. Dr. Henry mentored & worked from-time-to-time with Dr. Goodheart developing a strong interest in the use of nutrition in his still active practice spanning over 44 years. For more information or questions please call Dr. Henry at 205-304-9581 or send an email to: [drndis@gmail.com](mailto:drndis@gmail.com)*